

# Today is Monday

This week the afternoon class read "Today is Monday" illustrated by Eric Carle. The book outlines a weekly menu that is read in a sing-song repetition, making it easy for children to memorize and repeat. While learning the days of the week, students helped make and eat the foods in the story to provide experiential opportunities for children. Tasting foods from the story allows children to develop a connection to the material and shared prior knowledge.<sup>1-13</sup>



♪ Monday, Green Beans ♪



♪ Tuesday, Spaghetti ♪



♪ Wednesday Zooop! ♪

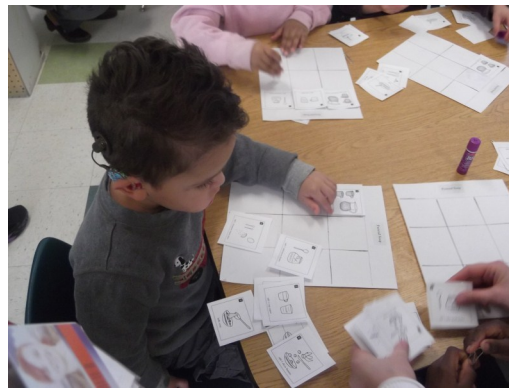




♪ Thursday, Roast Beef ♪



♪ Friday, Fresh Fish ♪



As an additional activity, students put together their own recipes for Pretend Soup using numbered pictures. This activity focused on number recognition, memory recall, and order of operations. These math concepts will be expanded upon in later grades. 1-13

♪ All you hungry children, come and eat it up! ♪