

## Our first walking field trip around the Miles Neighborhood

December 12, 2014



Before we left our campus, we noticed a tile mural depicting the variety of plants and animals in the Miles Neighborhood. Next, we noticed a lot of doves and sparrows in the palm tree and mesquite tree.



We sat quietly near the arroyo and looked and listened for birds.



We walked down to the water where birds drink. Walking on uneven surfaces like hills and rocks is good for young children's brain development. It also builds self-confidence & muscles!



Children climbed on the sculpture and played soccer in the field. The sculpture has a part that moves with the wind, so we noticed which way that part was moving.



Children were very excited about our walking field trip. We studied our map and plotted our route around the neighborhood. I told students the purpose of the trip was to look at birds and see the field near our school.