

Preschoolers learn about the world by moving. Here, we act out the story "Pumpkin Jack." I wanted children to begin to understand the life cycle of the pumpkin plant. In addition to planting our own seeds and watching them grow, we read various books about growing plants. We also acted out the life cycle of the pumpkin plant.



Using creative movement, we pretended to be pumpkin seeds growing into a sprout. We then grew leaves and flowers. The flowers died and fell off. We then became small green pumpkins that grew and ripened. Then I carved the children into jack-o-lanterns. They told me what kind of facial expression they wanted to have on their jack-o-lantern.

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